

Nutrition Facts

3 servings per container

Serving size

6 oz (170g)

Calories

Per serving

230

Per container

690

% DV*

% DV*

Total Fat

23g **29%**

69g **88%**

Saturated Fat

21g **105%**

63g **315%**

Trans Fat

0g

0g

Cholesterol

0mg **0%**

0mg **0%**

Sodium

30mg **1%**

90mg **4%**

Total Carbs.

3g **1%**

9g **3%**

Dietary Fiber

1g **4%**

3g **11%**

Total Sugars

1g

3g

Incl. Added Sugars

0g **0%**

0g **0%**

Protein

2g **4%**

6g **12%**

Vitamin D

0mcg **0%**

0mcg **0%**

Calcium

8mg **0%**

24mg **2%**

Iron

1mg **6%**

3mg **15%**

Potassium

143mg **4%**

429mg **10%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.