

Nutrition Facts

1 servings per container

Serving size 1 (142g)

Amount Per Serving

Calories 220

% Daily Value*

Total Fat 18g 23%

Saturated Fat 16g 80%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 25mg 1%

Total Carbohydrate 11g 4%

Dietary Fiber 1g 4%

Total Sugars 9g

Includes 8g Added Sugars 16%

Sugar Alcohol 0g

Protein 2g 4%

Vitamin D 0mcg 0%

Calcium 26mg 2%

Iron 1.44mg 8%

Potassium 188mg 4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.